



## 20<sup>th</sup> Annual Physical Day for 2011-2012 Athletes Saturday, May 21 from 8:00am – 12noon

Mountain Pointe High School's Auxiliary Gym, 4201 E. Knox Road, Phoenix, 85044

**Athletes are encouraged to come during the time frame set for their sport:**

Spring Sports – 8am – 9:15am  
Fall Sports – 9:15am – 10:45am  
Winter Sports – 10:45am – 12noon

This special event is sponsored by the following:

- ☆MPHS team physicians Dr. Roger McCoy and Ian McCleod (PA)
- ☆PEAK Physical Therapy therapists Tony Harden and Larry Arnold, Personal Trainer
- ☆Mountain Pointe Sports Medicine Staff

The doctors will conduct quick, but thorough physicals for **\$30.00** in the small gym – this is the gym closest to the Karl Kiefer Football Stadium. A large portion of these proceeds goes back to the MP Sports Medicine Program. Acceptable forms of payment are cash and check. All checks must have the following on the checks at time of payment: current address, current phone number, student name and current student ID#.

Prior to this Physical Day, parents/athletes can pick up physical packets at Mountain Pointe High School in the Athletics Office. Physical packets will be available on that day as well. **Forms will not be mailed out.**

Please bring student's original state certified birth certificate or passport document(s) – certified copies will be made here. The required \$50 activity fee for any sport can be paid during Pride Book Distribution Days July 26 thru August 3.

### REMINDERS FOR JULY ~ AUGUST

- \*Please review necessary items for tryouts on reverse side.*
- \*During Book Distribution, please inform cashier of the sport(s) in which your student athlete will participate.*
- \*The Bookstore will be closed Thursday 8/4 & Friday 8/5-be sure to pay all FALL sport activity fees during Book Distribution.*
- \*Fall athletes must have their physical packet complete with fee paid by Wednesday 8/3 – packets go to the Athletics Office.*
- \*Fall sport tryouts start the first day of school, August, 8, 2011.*
- \*No equipment cards will be issued the first day of tryouts.*

Pride Athletics (480) 706-7423: Ian Moses, Athletic Director & Robyn Ramseyer, Athletic Administrative Assistant  
Schedules: [www.mphspride.com](http://www.mphspride.com), athletics or [www.aiaonline.org](http://www.aiaonline.org) or [www.mesasports.org](http://www.mesasports.org)

Fall Sports	Winter Sports	Spring Sports
<ul style="list-style-type: none"> <li>🐾 Girls Badminton</li> <li>🐾 Boys &amp; Girls Cross Country</li> <li>🐾 Football</li> <li>🐾 Boys &amp; Girls Varsity Golf</li> <li>🐾 Boys &amp; Girls Varsity Swimming &amp; Diving</li> <li>🐾 Girls Freshmen, JV &amp; Varsity Volleyball</li> </ul> <p style="text-align: center;"><i>August – November season Tryouts August 8, 2011 - the first day of school!</i></p>	<p style="font-size: 2em; font-weight: bold;">GO PRIDE!</p> <ul style="list-style-type: none"> <li>🐾 Boys &amp; Girls Basketball</li> <li>🐾 Boys &amp; Girls Soccer</li> <li>🐾 Wrestling</li> </ul> <p style="text-align: center;"><i>November–February season Tryouts October 31, 2011</i></p>	<ul style="list-style-type: none"> <li>🐾 Baseball</li> <li>🐾 Softball</li> <li>🐾 Boys &amp; Girls Varsity Tennis</li> <li>🐾 Boys &amp; Girls Track &amp; Field</li> <li>🐾 Boys JV &amp; Varsity Volleyball</li> </ul> <p style="text-align: center;"><i>February–May season Tryouts February 6, 2012</i></p> <p style="text-align: center;"><i>Tennis tryouts January 23, 2012</i></p>